

The Big Questions with JD Messinger

The answers change everything!

Part 1

Why can't we be more like Joe?
FLOPS



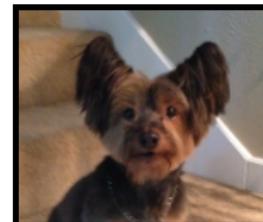
What is a FLOP?

A FLOP is a Faulty, Limiting, or Outdated Program. These programs are stored in your cells and are often the product of a memory or belief that is **faulty** (a belief that was never true), **limiting** (a belief that limits your understanding of potential and possibility), or **outdated** (a belief that is no longer relevant or accurate).

Sometimes a FLOP is the result of a faulty belief, and other times a FLOP can be credited to a combination of faulty, limiting, **and**, outdated beliefs.

FLOPs are viruses, stealthy software programs stored in your subconscious mind. They are triggered when certain conditions are met.

FLOPs can originate during your own lifetime or they can be passed down through your lineage. Some originate when we are still in the womb, others are inflicted on us by social pressures and societal conditions.



People are plagued with FLOPs, and they are the reason why we can't be more like a puppy—full of unconditional love and absent of judgement. My dog, Joe, doesn't understand or store labels in his brain; he doesn't know the difference between a

republican and democrat or Muslim and Christian. These categories are artificial constructs and the source of suffering.

Here's the [video about Joe](#) if you missed it.

Here is the [video to watch Part 1](#) if you want to hear the story again.

Personal Example:

In video Part 1, I share a personal story about a time I became irrationally upset with my wife. She came out of the house at six in the morning, still dressed in her pajamas, to give me a goodbye kiss in front of my driver. I yelled at her and later realized my response was irrational and emotional, so I meditated on the pain and suffering and had a flashback—a video playing in my mind's eye—I was about 12 years old and entered the front door of my childhood home with two friends behind me. My mother was standing in the hallway in her pajamas and I was terribly embarrassed. When the same conditions were recreated—a woman representing my mother, pajamas, and an embarrassing moment—the software program that had been lying in stealth mode for over 30 years kicked in and I reacted by getting angry with my wife.

Why should you care?

FLOPs are the source of suffering. They steal our happiness, joy, and potential. They destroy relationships, and are the source of conflicts and wars. FLOPs can influence our ideas pertaining to race, politics, ideology, religion, and much more. If you want to be more like Joe—overflowing with unconditional love, trust, and confidence in your natural gifts—then you have to identify your FLOPS and remove these viruses from your cells because they are the one thing that stops you dead!

Take away

Why can't we be more like Joe? _____

Where does a FLOP come from?

Part 2

Coming soon!

Part 3

Coming soon!